

PSY415: Counseling Skills

The study of current approaches used in counseling and psychotherapy. Topics covered include basic counseling and psychotherapy skills, various theoretical models of psychological intervention, and a review of the most current, empirically-supported treatment approaches. Emphasis will be placed on ethical standards as they apply to psychotherapy.

Credit Hour(s): 3

Prerequisites:

PSY355.

Program: Psychology

Semester Offered:

Spring