

# KHS185: Introductory Athletic Training and Sports Medicine

This course serves as an introduction to the profession of athletic training. The role of the athletic trainer shall be explored in relation to physicians, other allied health care providers, coaches, and patients. Emphasis will be placed on the fundamentals essential for the prevention, recognition, and treatment of injuries to the physically active. Non-orthopedic conditions and topics will also be introduced. In addition, practical experiences will include the application of supportive techniques to the major joints of the body.

**Credit Hour(s):** 3

**Department:** Kinesiology and Health Studies