## KHS400: Psycho-social Issues in Kinesiology and Health Studies

Provides an in-depth focus on the conceptual elements of contemporary psychoanalytic, cognitive, social, existential and systematic theories of personality and behavior change as applied to exercise and sport.

Credit Hour(s): 3

**Department: Kinesiology and Health Studies** 

Semester Offered:

Fall Spring

1 2023-24 Catalog