

KHS395: Therapeutic Exercise & Rehabilitation

Focus on procedures to develop and apply exercise and rehabilitation programs for athletic injuries. Includes the use of a variety of isometric, isotonic, and isokinetic equipment.

Credit Hour(s): 3

Prerequisites:

KHS216, KHS390, and declared KHS major/minor or have consent of the instructor.

Department: [Kinesiology and Health Studies](#)

Semester Offered:

Spring